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# Confessions Of A Video Vixen



## Synopsis

Part tell-all, part cautionary tale, this emotionally charged memoir from a former video vixen nicknamed 'Superhead' goes beyond the glamour of celebrity to reveal the inner workings of the hip-hop dancer industryâfrom the physical and emotional abuse that's rampant in the industry, and which marked her own lifeâto the excessive use of drugs, sex and bling. Once the sought-after video girl, this sexy siren has helped multi-platinum artists, such as Jay-Z, R. Kelly and LL Cool J, sell millions of albums with her sensual dancing. In a word, Karrine was H-O-T. So hot that she made as much as \$2500 a day in videos and was selected by well-known film director F. Gary Gray to co-star in his film, *A Man Apart*, starring Vin Diesel. But the film and music video sets, swanky Hollywood and New York restaurants and trysts with the celebrities featured in the pages of *People* and *In Touch* magazines only touches the surface of Karrine Steffans' life. Her journey is filled with physical abuse, rape, drug and alcohol abuse, homelessness and single motherhoodâall by the age of 26. By sharing her story, Steffans hopes to shed light on an otherwise romanticised industry and help young women avoid the same pitfalls she encountered. If they're already in danger, she hopes to inspire them to find a way to dig themselves out of what she knows first-hand to be a cycle of hopelessness and despair. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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#43 in Books > Arts & Photography > Music > Business #44 in Books > Arts & Photography > Music > Musical Genres > Rap

## Customer Reviews

Wow what an amazing story of Karrine's life. A lot of things she wrote about in her childhood made me sad. Also some of the events that took place during her adulthood were also depressing. After

reading this story in just 2 days I understood her message to young women on why they should not pursue a career in the music industry. I may even read this story again because her story really stuck to me. Even though Karrine did some unspeakable things with a lot of men, I did not judge her actions at all. Also, it is not my place to judge anyone. It's clear after reading this book that she learned from her mistakes. I'm glad that Karrine put her faith in God to get her through obstacles. I recommend this book to anyone.

I read this when it first came out and just recently I read it so I had reference to her newer book, updating us on her life. She and her story are very compelling. She is a good writer and it is packed with insider info. I think women that think being with men will get them somewhere should look at this book for what it is...she is wounded and in search. No one should read it and think it is a path to success.

Karrine Steffans is to be admired for writing her story. Yes, she certainly has had a difficult childhood and life, and I hope she is able to claim a life free of drugs and alcohol for her son. She tells us in graphic terms the loves and life she has led in the sex/porn business. She gives us names and dates and circumstances. This must be a relief for those she has named. She has kept secret the names of those she feels treated her well. That must be for the best. I feel very sorry for this woman's life and it took great courage to tell it all. Writing her life story in this manner has left me with an uneasy feeling. It is not the life she has led, but what has she learned from this experience? Her life has been ugly, and her downward spiral with drugs and alcohol is the usual route for porn stars. This is not a life of glamour and fun, and this, Miss Steffans makes perfectly clear. She has been able to relate her story with clarity and precision. She is to be commended if she is able to change her life. Anyone reading this story would not for a minute dream of becoming a Hollywood Porn star. That is a blessing. prisrob

Just some girl that out lived her 5 minutes and tried using her gossip to re-enter the spotlight. Just horrible overall, I couldn't even finish the book. She writes this book as if she is the victim and takes zero responsibility for her choices in HER life. I try to give honest feedback and in a way not to bully or attack the author and with saying that I will say as gently as possible, it seems, to me (my own personal opinion) that she is not a person to read very much. This book is just so poorly written I am surprised it was published at all. I feel sorry and embarrassed for her.

I original purchased this book Confessions of a Video Vixen for my son Jaison he wanted to read it, but I read it in one day!!!! Interesting from the beginning to the end. Karrine Steffans shared her life with the World & this is her testimony. May hat goes off to her. I would definitely recommend that people purchase this book and read it!!!! I couldn't put it down.!!!!!!!

Good read for general public, bad read for all those named in the book, except for Papa which one can only assume is The Notorious B.I.G. and Earving "Magic" Johnson and Ice-T. Other than that, rapists and entertainment industry people are PISSED about being outed! Still a good read

I hated the trials and tribulations Karrine went through as a child and young adult but I respected the triumphs!!! I'm a father of two daughters and I'd be damned if any of them couldn't come to me for anything!! I definitely sympathized when Karrine needed Her dad the most and he shut her down...smh. This story was powerful and relevant to today. Thank you for sharing!!

I thought this was supposed to be a tell-all, name-dropping, scandalous book (which would have been fine), so I was a little disappointed that it wasn't, but as I read more, it was nice to see that she is a human being with feelings like everyone else, and I'm glad she explained the REAL meaning behind "Superhead," and it's terrible that she had the life that she did; no one should be subjected to abuse of ANY kind, EVER! Overall though, I think the book was made to be more than what it actually is.

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